

ID Number	A1-2008-0004-Eng
Title	Survey on the Lives and Attitudes of Youth, 2008 : Japan

Q1. Are you male or female?

- 1) Male
- 2) Female

Q2. What is your birth year?

19()

Q3. Describe your school. Choose one of the following. (※ If you are attending a general high school and on the academic track please mark "Academic high school", if you are on the vocational track please mark "Vocational high school".)

- 1) Jr. High school
- 2) Academic high school
- 3) Vocational high school
- 4) General high school

Q4. What grade are you in?

- 1) 1st
- 2) 2nd
- 3) 3rd

Q5. Who are you living with in your home right now? (Circle all the choices that apply to you)

- 1) Father
- 2) Mother
- 3) Brothers & Sisters
- 4) Grandparent(s)
- 5) Relatives
- 6) School dormitory
- 7) Other (Please state clearly _____)

Q6. Do you think you take care of your health?

- 1) Very well
- 2) Somewhat
- 3) Not so much
- 4) Not at all

Q7. Do you have a physical check up on a regular basis?

- 1) My parents take me to get a physical check up regularly
- 2) Physical check ups are held at my school regularly
- 3) I go and get a physical check up by myself regularly
- 4) I get a physical check up non-regularly
- 5) I have never had a physical check up

Q8. What time do you wake up or go to sleep during weekdays?

- 1) Time to wake up: about ____ : ____ in the morning
- 2) Time to go to sleep: about ____ : ____ at night

Q9. Do you eat breakfast every day?

- 1) I eat breakfast everyday
- 2) I eat breakfast more days than days I don't
- 3) I don't eat breakfast more days than days I do
- 4) I hardly eat breakfast

Q9-1. (If you circled 2, 3 or 4) What is the reason you don't eat breakfast?

- 1) I don't have time to eat because I wake up late
- 2) Breakfast is not prepared (I will eat if breakfast is prepared)
- 3) I don't want to eat in the morning
- 4) My family doesn't eat breakfast (We are accustomed not to eat breakfast)
- 5) I skip breakfast to loose weight
- 6) Other (Please state clearly _____)

Q10. How long do you usually study during weekdays? Please write amount of time you study per day at school, home or other facilities like learning center.

10-1. At school: _____ hour _____ minutes

10-2. At home: _____ hour _____ minutes

1

0-3. At other facilities like learning center: _____ hour _____ minutes

Q11. Give us your opinion about the following statements. (Please circle one choice for each question)

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
11-1. Physical health is the most important aspect of life	1	2	3	4
11-2. When eating or drinking, you should think about not only what you want but the nutritional value you are getting	1	2	3	4

11-3. One could sleep less to get in more study time	1	2	3	4
11-4. If you don't have an illness, you don't need to exercise	1	2	3	4

Q12. Have you ever been troubled by the following? (Circle all that apply)

- 1) Studying is tough
- 2) I don't have time to hang out with my friends
- 3) I don't have time to exercise
- 4) I don't have time to eat three meals a day
- 5) I am usually bored during my spare time
- 6) My parents are often not home
- 7) I have been discriminated against because of my sex
- 8) My appearance is unsatisfactory
- 9) My family is poor
- 10) I have an illness
- 11) My family doesn't get along well
- 12) My allowance is insufficient
- 13) I often feel alone
- 14) I don't have specific worries

Q13. Is there anybody you can talk to when you have worries?

- 1) Yes (⇒ Go to Q13-1)
- 2) No

Q13-1. (If you circled 1), Who are these people? (Circle all that apply)

- 1) Father
- 2) Mother
- 3) Same sex friends
- 4) Opposite sex friends
- 5) Teacher
- 6) Counselor
- 7) Brothers/Sisters
- 8) Chat or email friends
- 9) Other (Please state clearly _____)

Q14. What do you think about your school work?

- 1) Very tough
- 2) Somewhat tough
- 3) Just right
- 4) Somewhat easy
- 5) Very easy

Q15. Have you ever felt like you don't want to go to school?

- 1) Often (⇒ Go to Q15-1)
- 2) Sometimes (⇒ Go to Q15-1)
- 3) Not so often
- 4) Not at all

Q15-1. (If you circled 1 or 2), What are the reasons why you don't want to go to school?

(Circle all that apply)

- 1) I get bullied
- 2) I can't get along with my friends
- 3) My grades are not good
- 4) I don't get along with my teachers
- 5) My family's financial situation
- 6) My family doesn't get along
- 7) I don't want to study
- 8) School work is boring
- 9) School or class regulations are tough
- 10) I'm having hard time waking up in the morning
- 11) I feel tired, I don't feel well
- 12) Other ()

Q16. Do you want to study abroad if possible? (Circle only one)

- 1) Yes (⇒ Go to Q16-1)
- 2) No

Q16-1. (If you circled 1), What are the reasons? (Circle all that apply)

- 1) The educational environment is better in foreign countries
- 2) Security is better in foreign countries
- 3) It's advantageous to learn other languages
- 4) The living standard is higher in foreign countries
- 5) It's too competitive to get into a domestic college
- 6) To experience different cultures
- 7) It's advantageous for getting a job in the future
- 8) I don't know the reason

Q17. On average, how much spare time do you have during the weekdays?

- 1) None
- 2) Less than 1 hour
- 3) 1-2 hours
- 4) 3-4 hours
- 5) More than 5 hours

Q18. Do you think you have enough spare time during weekdays?

- 1) Enough
- 2) Somewhat enough
- 3) Not so enough
- 4) Not enough at all

Q19. What do you do on weekends? Or what do you wish to do on weekends? Please choose three from following and write the number below in sections 19-1 & 19-2.

- 1) Study
- 2) Read books not related to school work
- 3) Watch TV
- 4) Play TV, PC, Cell phone games
- 5) Internet
- 6) Play with friends
- 7) Enrichment courses
- 8) Go to movies, concerts and sports games
- 9) Play sports
- 10) Texting
- 11) Hang around town
- 12) Hang around at home
- 13) Other ()

19-1. What you do on the weekend:

1st choice: _____

2nd choice: _____

3rd choice: _____

19-2. What you wish to do on weekends:

1st choice: _____

2nd choice: _____

3rd choice: _____

Q20. Following are questions about your relationship with your parents. (Please circle one choice for each question)

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
20-1. I take my parents' advice	1	2	3	4
20-2. I respect my parents	1	2	3	4
20-3. I rebel against my parents	1	2	3	4
20-4. I often talk to my family	1	2	3	4
20-5. My parents often meddle in my business	1	2	3	4
20-6. My parents take good care of me	1	2	3	4
20-7. I've felt like running away from home	1	2	3	4
20-8. My parents often praise and encourage me	1	2	3	4
20-9. My parents often scold me	1	2	3	4
20-10. My parents are interested in my school work	1	2	3	4
20-11. My parents know about my friends	1	2	3	4
20-12. My parents know about my life at school	1	2	3	4
20-13. My parents know what I'm interested in	1	2	3	4

20-14. My parents know what I do at home after I come back from school	1	2	3	4
20-15. My parents stay out of what I do with my spare time	1	2	3	4
20-16. My parents let me decide about how I will further my schooling	1	2	3	4

Q21. Do your parents respect your opinion? (Please circle on choice for each question)

	Always respect my opinion	Sometimes respect my opinion	Does not respect my opinion at all	Never experienced
21-1. Your study at learning center or with tutor	1	2	3	4
21-2. Participation in enrichment study	1	2	3	4
21-3. Your career path or school choice	1	2	3	4
21-4. Purchasing your everyday items	1	2	3	4
21-5. Deciding house rules	1	2	3	4
21-6. Leisure and family vacation	1	2	3	4
21-7. Important event for your family such as moving	1	2	3	4

Q22. What is your opinion about the safety of the town you live in or your school area from crime? (Please circle one choice for each question)

	Very safe	Pretty safe	Not so safe	Not safe at all
22-1. Town you live in	1	2	3	4
22-2. Your school area	1	2	3	4

Q23. Have you done any of the following activities? (Circle all that apply)

- 1) Run away from home
- 2) Smoke
- 3) Drink alcohol
- 4) Gamble
- 5) Shop lift
- 6) Vandalism
- 7) Steal other peoples' property
- 8) Verbally abuse anyone
- 9) Behave violently
- 10) See sexually explicit websites, magazines, or Videos
- 11) Use dating service websites
- 12) Bad mouth people through emails
- 13) Play hooky from school
- 14) Use drugs

Q24. What do you think of the following activities by Jr. high or High school students? (Please circle one choice for each question)

	Should never do it	Up to individual
24-1. Run away from home	1	2
24-2. Smoking	1	2
24-3. Drink alcohol	1	2
24-4. Gambling	1	2
24-5. Shop lifting	1	2
24-6. Vandalism	1	2
24-7. Steal other's property	1	2
24-8. Verbal abuse	1	2
24-9. Behave violently	1	2
24-10. See sexually explicit website	1	2
24-11. See sexually explicit magazines or Adult Videos	1	2
24-12. Prostitution	1	2
24-13. Play hooky from school	1	2
24-14. Bad-mouth or harassing email	1	2
24-15. Use drugs	1	2

Q25. Have you ever received a bad-mouthed or a harassing message on an internet bulletin board or through email?

- 1) Often (⇒ Go to Q25-1)
- 2) Sometimes (⇒ Go to Q25-1)
- 3) Not so often
- 4) Not at all

Q25-1. (If you circled 1 or 2), How do you deal with it?

- 1) Talk back, fight back
- 2) Ignore it
- 3) Ask for
- 4) Consult with my parents
- 5) Change my mail address
- 6) Other

Q26. Have any of the following events ever happened to anyone at your school? (Please circle one choice for each question)

	Never	Not much	Sometimes	Often
26-1. Verbal abuse	1	2	3	4
26-2. People treated unfairly	1	2	3	4

26-3. Violent behaviors such as punching or kicking	1	2	3	4
26-4. Taking someone's money by threat or force	1	2	3	4
26-5. Outcast on person in a group	1	2	3	4
26-6. Injury due to poor school maintenance	1	2	3	4
26-7. Vandalism such as breaking glass windows or damaging school properties	1	2	3	4

Q27. Following are questions about unfair treatment you've experienced in everyday life. (Please circle one choice for each question)

	Never	Not much	Sometimes	Often
27-1. I have been treated unfairly because I am a man/woman	1	2	3	4
27-2. I have been treated unfairly because I am not a good student (I have bad grades)	1	2	3	4
27-3. I have been treated unfairly because my family situation is bad	1	2	3	4
27-4. I have been treated unfairly because of my looks and appearance	1	2	3	4

Q28. Following are questions about yourself. (Please circle one choice for each question)

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
28-1. I am worried about my future	1	2	3	4
28-2. I am as capable as others	1	2	3	4
28-3. I tend to enjoy the here and now instead of worrying about future	1	2	3	4
28-4. It's better to accept my current situation rather than try to change it	1	2	3	4
28-5. I feel like a failure	1	2	3	4
28-6. I tend to be affected by others' opinion	1	2	3	4
28-7. I act based on my will	1	2	3	4
28-8. I often feel tired	1	2	3	4

Q29. Would you like to participate in student body activities at your school?

- 1) Yes
- 2) No
- 3) No opinion

Q30. Do you think your school regulations reflect students' opinions?

- 1) Yes
- 2) No
- 3) I don't know

Q31. Does your school give students a chance to explain before they are punished?

- 1) Yes
- 2) Not so much
- 3) Not at all
- 4) I don't know
- 5) No students have ever been punished at my school

Q32. Should the school ask your opinion on school operations? (Please circle only one)

- 1) The school doesn't need to ask students' opinion because it's up to school
- 2) There is no point because the school will never listen to students' opinions
- 3) We should actively tell school our opinions

Q33. What do you think about following statement? (Please circle one choice for each question)

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
33-1. Parents' hitting their kids is their own private matter. Others have no right to interfere	1	2	3	4
33-2. A social situation that may be changed by my participation	1	2	3	4
33-3. This society is very complicated and I don't want to be involved in it	1	2	3	4
33-4. One individual can't influence governments decisions	1	2	3	4

Q34. What do you think of young people's participating in social issues or political issues?

- 1) Must participate
- 2) Better to participate
- 3) No need to participate
- 4) There is no point to participate

Q35. In Japanese society, do you think the rights of young people to participate in solving youth related problems is protected?

- 1) It's protected
- 2) Somewhat protected
- 3) Not so protected
- 4) Not protected at all
- 5) I don't know

Q36. Are you satisfied with your human rights as a whole?

- 1) Very satisfied
- 2) Somewhat satisfied
- 3) Neutral
- 4) Not so satisfied
- 5) Unsatisfied
- 6) I don't know

Q37. Do you know the main contents of the "protective policy" for minors?

- 1) I know
- 2) I know a little
- 3) I don't know