

ID Number	A1-2007-0033-Eng
Title	Survey on the Conditions of Evening Self-Study of Youths

※ Please tick the number which most closely describes your status.

1. Your gender
  - 1) Male
  - 2) Female
2. Your school type
  - 1) General high school
  - 2) Vocational high school
3. Your current grade
  - 1) First year
  - 2) Second year
  - 3) Third year

※ Now, I would like to ask you a few questions about your daily life and school life.

4. What time do you usually leave home on weekdays(Monday~Friday)?
  - 1) Before 6:00 am
  - 2) Between 6:00 and 6:30 am
  - 3) Between 6:30 and 7:00 am
  - 4) Between 7:00 and 7:30 am
  - 5) Between 7:30 and 8:00 am
  - 6) Between 8:00 and 8:30 am
  - 7) Between 8:30 and 9:00 am
5. What time do you usually get home on weekdays(Monday~Friday)?
  - 1) Before 7:00 pm
  - 2) Between 7:00 and 8:00 pm
  - 3) Between 8:00 and 9:00 pm
  - 4) Between 9:00 and 10:00 pm
  - 5) Between 10:00 and 11:00 pm
  - 6) Between 11:00 and 12:00 pm
  - 7) Between 12:00 am and 1:00 am
  - 8) After 1:00 am
6. How many hours do you usually sleep at home on weekdays(Monday~Friday)?
  - 1) Under 4 hours
  - 2) 5 hours
  - 3) 6 hours
  - 4) 7 hours
  - 5) Over 8 hours
  - 6) Other ( \_\_\_\_\_ )

7. I am \_\_\_\_\_

- 1) Very healthy
- 2) Healthy
- 3) Not healthy
- 4) Not at all healthy

8. How many days do you eat breakfast during the five days between Monday through to Friday?

- 1) Never
- 2) 1~2 days
- 3) 3~4 days
- 4) Everyday

9. Where do you usually eat dinner on weekdays(Monday~Friday)?

- 1) At school food service facility
- 2) At school canteen
- 3) At a snack bar or restaurant out of school
- 4) At the canteen of private educational institute
- 5) Dinner box
- 6) At home
- 7) I don't eat dinner



9.1. How long do you usually take time for dinner on weekdays, including resting time after dinner?

- 1) Less than 20 minutes
- 2) 30 minutes
- 3) 40 minutes
- 4) 50 minutes
- 5) 1 hour
- 6) More than 1 hour

Go to Q10

10. Do they run supplementary classes in your school?

1) Yes

2) No



10.1. On average, how many hours do they run supplementary classes?

\_\_\_\_\_ hours before regular classes  
\_\_\_\_\_ hours after regular classes

10.2. Does everyone have to participate in supplementary classes?

- 1) Everyone has to participate
- 2) Only those who want to participate (not necessary if one does not want to)
- 3) It is optional but in fact it feels like everyone has to participate

Go to Q11

10.3. Can one select the subject of supplementary classes?

- 1) Yes
- 2) No

11. Do they run self-study classes in your school?

1) Yes



2) No



11.1. On average, how many hours do they run self-study classes?

\_\_\_\_\_ hours before regular classes (morning self-study classes)

\_\_\_\_\_ hours after regular classes (evening self-study classes)

11.2. How many days per week do they run evening self-study classes?

\_\_\_\_\_ days

11.3. What time does the evening self-study class end?

1) 8 pm

2) 9 pm

3) 10 pm

4) 11 pm

5) 12 am

11.4. Does everyone have to participate in evening self-study classes?

1) Everyone has to participate

2) Only those who want to participate (not necessary if one does not want to)

3) It is optional but in fact it feels like everyone has to participate

Go to Q12

11.5. How do the evening self-study classes operate?

1) Students study by themselves

2) They offer extended or supplementary classes

3) We watch broadcasts on EBS

4) We watch lectures on the Internet

5) Instructors from outside are invited and give lessons

6) Other ( \_\_\_\_\_ )

11.6. If there were no evening self-study classes, what kind of activity would you like to do after school?

1) I would like to go to a private educational institute or take private lessons

2) I would like to engage in hobby activities

3) I would like to participate in club activities

4) I would like to take personal study time

5) I would like to take rest without doing a particular activity

6) Other ( \_\_\_\_\_ ) (e.g., go to a library, do part time job, etc.)

12. What would you say the most serious problem is with evening self-study classes?
- 1) Because of its mandatory nature, students do not feel like studying by themselves
  - 2) Learning atmosphere is not well established, and students have trouble studying
  - 3) Study productivity is not as good as in studying in private educational institutes
  - 4) Classes end too late, and it is scary to go home
  - 5) We get too little break
  - 6) I don't get time for studying by myself
  - 7) I don't get enough time for sleep
  - 8) It is hard to take meals on time
  - 9) Other ( \_\_\_\_\_ )

12.1. If you were to choose one more reason, what would that be? \_\_\_\_\_

13. How do you usually study after school hours?
- 1) I don't study
  - 2) Private educational institute
  - 3) Private lessons
  - 4) EBS programs
  - 5) Online video lectures
  - 6) By myself
  - 7) Other ( \_\_\_\_\_ )

14. Do you attend private educational institutes related to school studies? (excluding those related to arts and sports, hobby, or work)

1) Yes

2) No



14.1. Have you ever received corporal punishment at a private educational institute?

- 1) Yes
- 2) No

14.2. What do you think of corporal punishment inflicted at private educational institutes?

- 1) It should never happen
- 2) It is necessary depending on the situation

14.3. Have you ever been personally insulted, such as hearing abusive or swearing words, at a private educational institute?

- 1) Yes
- 2) No

Go to Q15



14.4. When do you go to private educational institute?

- |   |                |
|---|----------------|
| 1) After school on weekdays                 | 3) On weekends |
| 2) After school on weekdays and on weekends | (Go to Q15)    |



14.5. How many subjects do you take at the private educational institute?

- 1) 1 subject
- 2) 2 subjects
- 3) 3 subjects
- 4) 4 subjects
- 5) 5 subjects or more

14.6. What time does the private educational institute end on weekdays?

- 1) 9:00 pm
- 2) 9:30 pm
- 3) 10:00 pm
- 4) 10:30 pm
- 5) 11:00 pm
- 6) 11:30 pm
- 7) 12:00 am
- 8) 12:30 am
- 9) After 1:00 am

14.7. During weekdays, how many hours on average do you take classes at private educational institute?

- 1) 1 hour
- 2) 2 hours
- 3) 3 hours
- 4) 4 hours
- 5) 5 hours or more

Go to Q15

15. What would you say the most serious problem is with the late evening classes of private educational institutes?

- 1) Classes end too late, and it is scary to go home
- 2) I don't get enough time for sleep
- 3) Corporal punishment
- 4) Meal time becomes irregular
- 5) By taking late-night snack, I put on weight
- 6) I feel burdened because of the fees
- 7) The amount of studying is too much

15.1. If you were to choose one more problem other than the one mentioned above, what would that be?

\_\_\_\_\_

16. How satisfied are you with the education received at school?

- 1) Very satisfied
- 2) Somewhat satisfied
- 3) Somewhat unsatisfied
- 4) Very unsatisfied

17. How hardworking are you with school studies?

- 1) Very hardworking
- 2) Somewhat hardworking
- 3) Somewhat not hardworking
- 4) Rarely hardworking

18. When you are not concentrating during classes at school, what do you usually do? Please tick all that apply.

- 1) I do homework from private educational institute
- 2) I study other subjects which I feel like doing
- 3) I text or play games on cell phone
- 4) I listen to music or radio
- 5) I talk with friends
- 6) I sleep
- 7) Other \_\_\_\_\_

※ Next set of questions are regarding your psychological states.

19. Please choose an answer which most closely describes the way you feel

	Not at all true	Slightly true	So so	True	Very true
19-1) Overall, my life is close to the one that I think ideal					
19-2) My living conditions are very good					
19-3) So far, I have achieved some of the important things that I had wished doing					
19-4) I am satisfied with my life					
19-5) I would not change the way of my life so far even if I was born again					

20. Do you ever get emotional pressure due to school grades?

1) Yes



2) No



<p>20.1. Do you get emotional pressure from your school teachers regarding school grades?</p> <ol style="list-style-type: none"> <li>1) Very much</li> <li>2) Somewhat</li> <li>3) Not so much</li> <li>4) Not at all</li> </ol>	<p>Go to Q21</p>
<p>20.2. Do you get emotional pressure from your parents regarding school grades?</p> <ol style="list-style-type: none"> <li>1) Very much</li> <li>2) Somewhat</li> <li>3) Not so much</li> <li>4) Not at all</li> </ol>	

21. Have you ever felt like running away from home because of school grades?

- 1) Never
- 2) Sometimes
- 3) Often

22. Have you ever run away from home because of school grades?

- 1) Yes
- 2) No

23. Have you ever felt like committing a suicide because of school grades?

- 1) Never
- 2) Sometimes
- 3) Often